# EEST KRIKETI LIIT

## **Junior Playing Guidelines**

The purpose of these guidelines is to assist all junior players who wish to make the transition to open age cricket as much as possible.

#### **Conditions for all leagues**

It is the responsibility of all adults involved in matches with junior players, to ensure that the players safety, development and overall experience is taken into account at all times.

For any player under the age of 18 to take part in an EKL Open age league match, written consent from the child's parent or guardian must be submitted to the Program Manager prior to them taking part in a match.

Each case is to be determined on an individual basis, depending on the player's ability and cognitive development.

The minimum age for open-age cricket in Estonia is 13 years of age.

Exceptions to this will only be considered if at least one parent or legal guardian of the child in question is also playing in the match.

## **Conditions for Outdoor Hard ball Leagues**

Helmets with a face guard or grille MUST be worn when batting against a hard cricket ball in matches and in practice sessions.

No junior player under the age of 16, shall be allowed to field closer than 8 metres.

Any player under the age of 11 must wear a helmet at all times while fielding, no matter what position they are fielding in.

## **Conditions for Indoor Hard ball Leagues**

Due to the fast pace and close quarters nature of Indoor Cricket, Boys under the age of 13 will not be allowed to participate in Men's Open Aged leagues, they will however be allowed to participate in Women's Open Age leagues.